



## Home Safety Guide

The safety of children and families is a top priority at Little Otter. This guide outlines strategies that caregivers can use to help keep children safe at home.

Increase supervision and monitoring of your child if they are experiencing thoughts of harming themselves or others:

- Make sure that there is a trusted adult around your child at all times, including when they are not home.
- When at home, check in with your child often and let them know where you are within the home.

Keep your home environment safe by limiting access to anything your child could use to harm themselves or others:

## Remove access to medications:

- Use a lock box to store and secure all medications. This includes prescription and over-the-counter medications
- Safely dispose of any medication that is expired, no longer in use, and/or not needed.

## Remove access to firearms:

- If you own firearms, store them unloaded in a secure gun safe.
- Store ammunition separately from firearms.

## Remove access to sharp and potentially dangerous objects:

- Use a lock box to store and secure all sharp objects, including knives, scissors, razors, safety pins, and nails, as well as potentially dangerous objects, including ropes and belts.
- Search your entire home for these objects, including your basement and outdoor storage areas, such as a garage or shed.

Take emergency action if you are concerned about the immediate safety of your child.

The following services are available for support 24 hours a day, 7 days a week:

Crisis Text Line
Text "HOME" to 741741

988 Suicide and Crisis Lifeline Call or text 988 Call 911
Or take your child to the closest emergency room