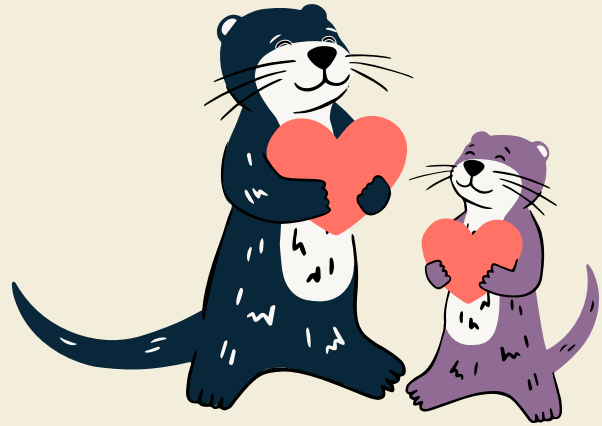




At Little Otter, virtual care *is* high-quality care.

Little Otter provides personalized, evidence-based mental health care for all families through our virtual platform.



Engaging Children in Telehealth

Infants, toddlers, and pre-schoolers:

Little Otter services focused on the youngest members of your family are dyadic in nature, involving both the little one and their caregivers.

Elementary and school aged children:

Our providers incorporate a diverse range of activities into sessions from interactive games, music and movement, videos, and mindfulness activities.

Teens and tweens:

Tweens and teens seamlessly integrate tech into their daily lives, supporting effective and engaging conversations with digital resources to carry out treatment goals in between sessions.



Size of the Problem		Size of the Reaction	
People see these as Big Problems	5		
	4		
People see these as Medium Problems	3		
	2		
People see these as Little Problems	1		



Who We Support

Specialize in children 0-5, treat up to 18

Full Diagnostic Assessments, Evidence-based Therapy and Psychiatry

Parents and Caregivers

Supporting parental mental health, not only as a parent and partner — but as a person

Whole Families

Assess the overall health of the family's relationships, including the relationships between parents, partners, co-parents, and children.